

All Saints Alternative Lent Supper 2021 Week 3

This Week's Soup: Curried Parsnip

Use this recipe from the Lent Supper Recipe Book or your own favourite recipe.

1 large parsnip, diced
1 large onion, finely chopped
1½ tbspn flour
2½ pts vegetable stock
Small carton cream

1 large potato, diced
clove garlic, chopped
1 tspn curry powder
2oz butter



Cook the parsnip, potato, onion and garlic in the butter in a large pan for about 10 minutes. Without browning the vegetables, stir in the flour and curry powder. Cook for a few more minutes and then gradually add the stock, bring to the boil. Simmer with the lid on until the parsnips are tender. Puree the soup. Season to taste. Add small carton of cream before serving and check seasoning again.

Church Family Connect

Send a postcard to the young people if you haven't yet done so

Into the World

It is Week 2 of Fairtrade Fortnight. Choose extra fair trade products for your shopping this week or place an order with Traidcraft:

<https://www.traidcraftshop.co.uk/>



Home and Family Activity

Plant a flower or vegetable seed. As you watch it grow ask God to help you keep growing as a Christian.



Prayer of the Week

A prayer for Fair Trade from the Christian Aid Website

As I enter the street market
wheel my trolley at the superstore
leaf through a catalogue, or log on to the internet:
be with me and help me.
When I spend money
be with me and help me
to see the market place as you see it
as wide as the world you love so much.
Be with us and help us
to share the markets we share
for all people.
As we live under your steady gaze,
so we can change, by your gracious love.
Amen

