

All Saints Final Alternative Lent Supper 2021 Week 6

This Week's Soup: Mary Berry's Minted Pea Soup (from 'Mary Berry's Supper with Friends')

This soup is not in the Lent Supper Recipe Book but you will often find it served at Lent Supper by the Wilkinson Family. Use this or your own favourite recipe.

Serves 4-6

50g butter

1 onion coarsely chopped

2 tablespoons plain flour

900g frozen peas

1.25 litres stock

2 teaspoons caster sugar

2 large sprigs of mint

Salt and pepper

Shredded mint to garnish



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1. Melt butter in a large saucepan, add the onion and cook gently, stirring occasionally for about 10 minutes until soft but not coloured.
2. Sprinkle with flour, stir for a further 1-2 minutes then add the frozen peas, stock, sugar and sprigs of mint.
3. Bring to the boil, cover and simmer for 5 minutes or more until the peas are soft, stirring occasionally. Do not simmer for longer or the peas will lose their fresh colour.
4. Remove the mint sprigs and discard. Puree until smooth.
5. Return to rinsed out pan, reheat adding salt and pepper to taste.
6. Serve warm with a mint garnish.



Church Family Connect

Share a photo of your Easter garden (see Home and Family Activity below) with someone in the Church Family and/or send to the office to be included in the notice sheet after Easter.

Into the World

Consider contributing to our Easter Outreach activity on Easter Day if you haven't already done so. Contact Christina Beveridge for more details.

Home and Family Activity

Create an Easter garden over the course of this week. Add one thing each day that will remind you of the events of Jesus last days on earth, his death and resurrection.

Prayer of the Week

This is one of the prayers for Holy Week from Common Worship:

Almighty and everlasting God,
who in your tender love towards the human race
sent your Son our Saviour Jesus Christ
to take upon him our flesh
and to suffer death upon the cross:
grant that we may follow the example of his patience and humility,
and also be made partakers of his resurrection;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen.

